

DON'T JUST SURVIVE YOUR PHD. THRIVE.

a safe, compassionate, confidential,
WOMEN* - focused space for
graduate students to share, discuss,
explore our experiences and
difficulties with academic work and
life.

In cooperation with the ZENTRALE
STUDIENBERATUNG (ZSB)

HOW IT WORKS

This is a **peer-facilitated group** that meets
weekly.

We will support each other; however, the group
does not provide psychotherapy.

The preferred language will be **English**.

CONTACT FOR MORE INFORMATION



MARIZA FELIPE MATHIS
[mariza.felipe@uni-
bielefeld.de](mailto:mariza.felipe@uni-bielefeld.de)

TOGETHER WE:

SHARE & VALIDATE

experiences,
normalize difficulties and
fight stigma

*STAND IN SOLIDARITY

The group welcomes
everyone who identifies
as a woman and/or can
relate to the experience
of being under-
represented,
marginalized and
discriminated based on
their gender and identity

IDENTIFY

resources, strategies and
actionable steps

WHEN

WEEKLY ON FRIDAY 11:00-
12:00

Location: ZSB